



Rachael Ann Haskell

OCT 6, 1972 - JAN 5, 2022



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Rachael Ann Haskell

OCT 6, 1972 - JAN 5, 2022

Dr. Rachael Ann Haskell
October 6, 1972 - January 5, 2022

Rachael Ann Haskell, 49 passed away on January 5, 2022, in St. Petersburg, FL. She was born October 6, 1972, in Attleboro, MA to loving parents Roger Proulx of St. Petersburg, FL and the late Carleen Proulx whom passed on July 23, 2021

Rachael was the wife of the late Rhoden Haskell for nearly 20 years at the time of his passing in 2016

She was an amazing woman with a rare neuromuscular disease causing her to need an electric wheelchair. From an early age you knew she was destined to have a career in helping people. Growing up in South Attleboro alongside her big brother Rodney, family and amazing parents who encouraged her to follow her passion, believe in herself and live every day to the fullest and that is what she did. Rachael became an advocate for the disabled. She was a onetime poster child for the Muscular Dystrophy Association.

Rachael along with her husband moved to Florida in 2001 where she flourished in the field of social work.

Besides her father, she is survived by her fiancée Schawn Williams, sister-in-law Anji Maskell and nephews Brendan and Dylan and niece Keilli. Also, several aunts, uncles, many cousins, and friends

Preceded in death by her brother Rodney Proulx, maternal grandparents Carlton and Rita Smith. Paternal grandparents Edmond and Betty Proulx, and Mother-in-law Judy Cotter

Rachael's pride and joy came from being the best mommy to her pups, Little Bear, Ellby, and Butterfly. She trained them to be service dogs and they shared in her everyday adventures. She also wrote several books for her young patients using Little Bear and Butterfly as the stars that would help patients work through their traumas.



Obituary

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Rachael graduated from Attleboro High School, Class of 1990. Then earned her Bachelor and Master's Degrees from Rhode Island College. She went on to earn her PhD from the University of South Florida.

Rachael was the founder and owner of Resolution Today, a private practice offering therapy, life coaching and training. She was also the Director of Clinical Services at Phoenix Counseling Services. A former instructor at several Universities. PhD, LCSW, Certified Hypnotherapist and Life Coach, A R T & EMDR Therapist, Licensure Supervisor, and published book author.

Rachael's laugh, beautiful smile and singing voice could light up a room. Her positive attitude and gentle manner made her a friend to anyone she would meet. She dedicated her Life's work to helping others who suffered with trauma. Always thinking of others, Rachael helped so many heal.

She leaves behind laughter and memories that will be cherished by all she has touched with her generosity, kindness, wisdom, and compassion. She will truly be missed by all who knew and loved her.

Her Wings were ready, Our Hearts were not. Fly high our Sweet Rachael.





Events


Rachael Ann Haskell

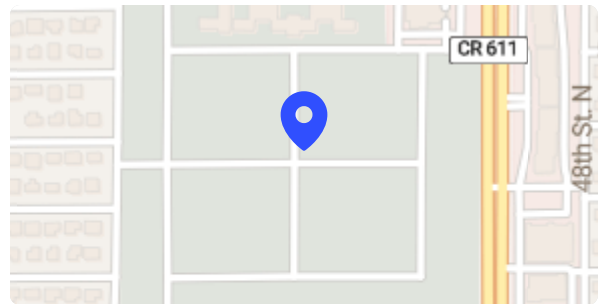
OCT 6, 1972 - JAN 5, 2022

Viewing

 **Monday**, January 17, 2022


 3:00 PM ET

 **Memorial Park Funeral Home and Crematory**
5750 49th Street North, St. Petersburg FL 33709

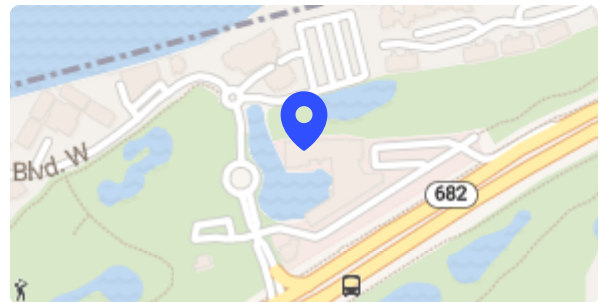


Celebration of Life

 **Wednesday**, February 2, 2022

 5:00 PM ET

 **The Deck Bar & Grill at Isla**
5901 Sun Blvd #100B, Saint Petersburg FL 33715





Tribute Wall

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Sarah posted:

Rachael was the most amazing woman I have ever known. I miss her immensely.

January 27 at 6:25 PM



Shervonne Banks posted:

This really knocked the wind out of me. I was searching for new videos and didn't realize your passing. I really can't explain how important you were to me. I spent 4 months of my life locked in a room studying for the LCSW test with you on my screen. Hours and hours of referring to notes and using your app to provide me with practice knowledge and wisdom. I'm praying your legacy lives on! God bless you and your family!

October 15 at 12:04 PM



Yvonne posted:

I didn't know Rachael, but I am using her amazingly helpful videos on YouTube to study for the LMSW licensing exam in Texas. Someone in one of the FB exam study groups mentioned her videos and shared a link to the Resolution Today YouTube channel. I came here because I loved her voice and wanted to see what she looked like with a voice like that and google brought me here. I am saddened to learn she is no longer here, but her videos and voice live on! I am grateful for her, and so sorry that she has already transitioned to whatever it is that comes next. Love and hugs to all.

September 22 at 5:28 PM



Joanna Smith lit a candle in honor of Rachael.

Rachael, I am heart broken. I discovered this on social media, my dear beautiful friend and mentor. My condolences and prayers goes to family.

August 25 at 7:29 AM



Nichelle Anouar shared 5 photos to the **Tribute Wall** album.

Had the honor of knowing you Rachael ❤️ and helping you plan your open house for your business. Getting my certification for Life Coach and also having you as my professor at St Leo. You are an inspiration for all you have done here on Earth and I am still in disbelief of your passing. Rest now and see you someday 😊🙏
Libra Nation 🙄 I truly miss you.....until next time.....

January 12 at 2:20 PM





Tribute Wall

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AS

Artidra Siggers posted:

I am sorry to learn of the transition of Dr. Haskell I have been listening and watching Dr. Haskell on you tube she had an infectious laugh and smile she has helped so many of us in the field of social and is greatly missed !

March 17 at 9:24 PM

RH

Robyn Hall posted:

I have listened to Dr. Haskell's YouTube channel this past year as I'm studying to take the LCSW exam. I had no idea until she recently mentioned she some health struggles. I am deeply sorry such a shining light has left this world, but what a mark she has made.. and what a legacy she has left... she continues to help so many with her videos. I will continue to pray for your family.

February 25 at 2:18 PM

LR

Leslie Ray August 24 at 10:21 PM

Auto formatting changed my spelling above from angelic to Angelica. Pardon the error.

LR

Leslie Ray August 24 at 10:17 PM

I took Dr. Haskell's social work study preparation program for my LCSW examination. Her speaking voice was Angelica, had a bubbly personality that captured my interest while delivering social work materials. I recall when I initially reached out to her to sign up for classes. The first evening she was absent and later communicated that her mother (or mother-in-law) was ill and it seemed like she reported being ill with COVID 19 shortly thereafter. I was intending to email my passing results for my LCSW exam and my email message was undeliverable. After doing some research, I was in shock over her departure. Dr. Haskell was my third instructor to have passed away unexpectedly. Her bright light will continue to shine forth as she left an inspirational impression on me. Blessings to her family.
Leslie Ray



Anonymous sent a Sweet Tranquility Basket to the Haskell family.



February 1 at 2:37 PM



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Nikki Counce posted:

Rachael was my intern supervisor, mentor and friend. She was amazing, beautiful and so smart. I admired her and always look forward to times that we would get to together. I will miss her dearly and she will always have a special place in my heart.

January 28 at 8:04 AM



Holly Anderson lit a candle in honor of Rachael.

My sincere sympathy to family and friends of Rachael. She was such a beautiful soul. We went to school for many years and graduated together. Some of my fondest memories of her were singing together in Chorus as well as competitions. She truly was an angel of earth and I'm sure she is now one in heaven. Rest in peace my beautiful friend. Till we meet again. Love, Holly



January 21 at 5:58 PM



Amy Jean posted:

January 20 at 12:56 PM



Joan April 16 at 7:00 AM

I love this video ... Why is it removed. Please share...



Amy Jean lit a candle in honor of Rachael.

Rachael was like my sister. She was the sweetest and happiest person I know. I'm so thankful I have so many wonderful memories of her. She never let her disability stop her from achieving anything. I will miss you sweet Rachael . I'm sure Rod your mom and Rhoden were happy to see you. Fly high , you are now free of your wheelchair and can run and walk and dance in Heaven with Rhoden. Love You Rachael



January 19 at 9:26 PM



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AK

Andy Kinzie posted:

I had the absolute pleasure of being a former student of Rachael's and she always had a way of captivating you. Her calm demeanor made you feel more relaxed, making the learning experience richer. She truly loved to teach and watch the profession grow and she inspired me to be better. I always felt like everyone could learn from her as she had the kindest soul, the best sense of humor, and an infectious smile. She is one of the only professors I ever kept in touch with after graduating because she is someone I knew I wanted to share my career with and talk things through from time to time. We all gained an angel to watch over us. Rest easy and enjoy the sun and music. I know you loved the sun.

January 18 at 2:21 PM

DA

Danielle January 19 at 5:48 PM

The world will never be the same and it shouldn't be; grief is the price of love ❤️



Anonymous sent a Comfort & Light 30" Sonnet to the Haskell family.



January 18 at 8:02 AM

KT

Keira Thomas posted:

We are so saddened to hear of Dr. Haskell's passing. Her contributions to Phoenix Counseling have been immeasurable. We will always revere her wisdom and appreciate all that she did for Phoenix. - Phoenix Counseling Service

January 18 at 8:00 AM

DE

Debbie posted:

I had the honor of working alongside Rachael in the 1990's. She taught me what a strong, compassionate advocate of our clients could look like, with grace and a smile. I extend my condolences to her family and close friends.

January 17 at 7:02 PM



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DR

Debby Ruel posted:

Rach was the sweetest and kindness person we knew. She was beautiful inside and out. An angel on earth now an angel in heaven. Love and miss you always my sweet Goddaughter. Love Aunt Debby and Uncle Kenny XOXO

January 17 at 6:02 PM

DR

Debby Ruel lit a candle in honor of Rachael.



January 17 at 5:48 PM

NV

Nicia Ventetuolo posted:

I went to college with Rachael. She had an infectious smile and would light up the room. I have missed her since she moved to Florida, but was so happy that she was in a climate that better suited her. We all knew that she'd accomplish great things. She was a beautiful, sweet, compassionate soul. I wish her eternal happiness and peace in Heaven. Love you lots, my old friend. Nicia Ventetuolo

January 17 at 4:24 PM

AN

Angie posted:

I haven't the words to express how much I will miss her. She gave everyone love and a sweet smile. The world will miss her bright light. She will be loved and remembered by so many. Fly high sweet girl. I will miss my sister always. Love you. ❤️

January 17 at 3:04 PM

CC

Clordine Cox posted:

Dear Roger and Shawn. I'm so sadden and shocked to hear of Rachael's passing. She was the most beautiful, kindest, amazing person and friend! I will always remember our good times from college or visits in Florida. Haven has gained an amazing angel. I will miss you my friend. Love Clordine

January 17 at 4:45 AM



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SK

Skye lit a candle in honor of Rachael.

Rachael was an amazing cousin, I wish I had more time to talk to her and see her but I know she's with her mom now. Miss & love you Rachael, watch over us here on earth till we meet again

January 16 at 8:14 AM



SC

Shericka Cunningham posted:

Dr. Rachael Haskell was such a beautiful souls inside and out. We had amazing and profound clinical and personal discussions. She was full of so much positivity, light and love. I'm truly going to miss her. She was the best clinical supervisor! Gone far too soon, may she Rest In Peace. 🙏

January 13 at 5:34 AM

JS

Jennifer Smithson posted:

I remember when we were young and I would visit the family, we would slide down the stairs and ride the stairlift back up. We loved playing on the stairs. While we didn't spend time together as adults, Rachael was a wonderful person and will be greatly missed.

January 12 at 2:30 PM

JS

James Smith posted:

Rachael was taken from us way to early. She is now with Carleen, Rhoden and Rodney. She was my hero. She always thought of helping everyone else before herself. Love Jim and Lueann Smith

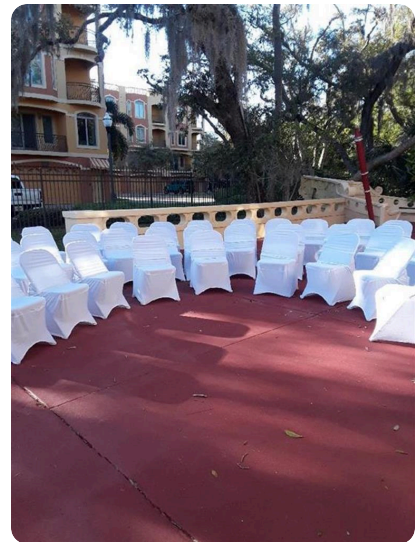
January 12 at 2:20 PM



Nichelle Anouar shared 5 photos to the **Tribute Wall** album.

July 24 at 8:42 AM







Memories only last if you share them

Join us in honoring Rachael by contributing to a collection of shared memories.



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